

Do You Need a Test for CVI?

Chronic Venous Insufficiency (CVI) is a serious circulatory problem in which the leg veins cannot pump enough blood back to your heart. It affects over 2.5 million Americans, most over the age of 40. It is estimated that at least 20 to 25 million Americans have varicose veins. Symptoms of CVI include varicose veins, skin problems, leg and ankle swelling, tight calves, and legs that feel heavy, tired, restless, or achy. Factors that can increase the risk of CVI include pregnancy, obesity, smoking, standing or sitting for long periods of time and not getting enough exercise. Answers to these questions will determine if you are at risk for CVI and if a vascular exam will help us better assess your vascular health status.

Name: _____ Date: ____/____/____
 (PLEASE PRINT CLEARLY)

Test for Venous Disease

Circle "Yes" or "No":

- | | | | |
|---|-----|----|---------------------------|
| 1. Are your legs swollen (729.81), painful (729.5), red or warm (695.9) to the touch?
(CIRCLE ALL THAT APPLY) | Yes | No | <input type="checkbox"/> |
| 2. Have you had a blood clot in a vein that caused inflammation, pain or irritation? | Yes | No | <input type="checkbox"/> |
| 3. Do you have varicose veins (veins that are enlarged or swollen and raised above the surface of the skin) in the legs (454.8)? | Yes | No | <input type="checkbox"/> |
| 4. Have you had a Deep Vein Thrombosis (DVT) in the past and are experiencing Pain (729.5), swelling, changes in skin color (459.81), or non-healing ulcers (454.0)?
(CIRCLE ALL THAT APPLY) | Yes | No | <input type="checkbox"/> |
| 5. Do your legs feel heavy, tired, restless or achy (729.5)? | Yes | No | <input type="checkbox"/> |
| 6. If you push on your swollen foot, ankle or leg for 10 seconds and release, does your fingerprint leave a dimple (782.3)? | Yes | No | <input type="checkbox"/> |
| 7. If your feet, ankles and legs are swollen, does the skin look stretched or shiny (459.81)? | Yes | No | <input type="checkbox"/> |
| 8. Do you have an ulcer on the inside of your ankle (454.0)? | Yes | No | <input type="checkbox"/> |
| 9. Do you have dark brown pigment changes in your lower legs (459.81)? | Yes | No | <input type="checkbox"/> |
| 10. Have you ever been told to wear compression stockings on your legs because of:
Swelling in your legs (729.81), pitting edema (782.3), venous insufficiency (459.81)
(CIRCLE ALL THAT APPLY) | Yes | No | <input type="checkbox"/> |
| 11. Are you still wearing the compression stockings? | Yes | No | |
| 12. Have you ever had a test for Chronic Venous Insufficiency (CVI) before?
If you said yes, when was your last test? | Yes | No | ____/____
MONTH / YEAR |

Patient Signature: _____

Physician Signature: _____ Date: ____/____/____
Endocrine Specialists, PC

For more information about Chronic Venous Insufficiency ask for a brochure or visit <http://www.venousdiseasecoalition.org/diseaseinfo/cvi/>